

Pharmacy Women for Purdue Spring Conference 2024

April 11-12, 2024

Buchanan Club, Ross Ade Pavilion
Purdue University

Thursday, April 11, 2024

5:30 p.m. to 6:30 p.m.

PWFP Steering Committee Dinner – **For steering committee members only.**

6:30 p.m. to 9:00 p.m.

Dessert Reception and Speed Networking with Pharmacy Students

Friday, April 12, 2024

7:30 a.m. to 8:25 a.m.

Breakfast

Welcome and Introductions

Introductions will begin around 8:00 a.m.

Buchanan Club, Ross Ade Pavilion

8:30 a.m. to 10:00 a.m.

Recent Advances in the Pharmacologic Management of Obesity

UAN: 0019-0000-24-010-L01-P

1.5 Contact Hours

Obesity is a chronic disease associated with significant morbidity and mortality affecting approximately 42% of adults and 20% of children and adolescents in the United States, with estimated medical costs of \$173 billion each year. Until recently, the impact of pharmacotherapy as an adjunct to diet and lifestyle modification for promoting weight loss was modest. However, recent approvals of semaglutide and tirzepatide have significantly transformed the treatment landscape.

Speaker:

Amy Sheehan, PharmD
Professor of Pharmacy Practice
Purdue University College of Pharmacy
Has no relevant financial relationships to disclose.

Educational Objectives:

1. Summarize current treatment approaches for the management of overweight and obesity.
2. Describe the mechanism of action, dosing, efficacy, and safety of recently approved agents for weight loss including semaglutide and tirzepatide.
3. Discuss the clinical implications of recent advances in obesity pharmacotherapy and review potential agents under development.

10:00 a.m. to 10:10 a.m.

Break

10:15 a.m. to 11:15 a.m.

Keynote Speaker

Diane Rammelsberg, RPh

Vice President, Clinical Operations
Capstone Development Services Co, LLC

11:20 a.m. to 12:15 p.m.

**Support for Healthcare Professionals Suffering from
Substance Use Disorder**

Tracy Traut, MS, LCAC

Program Director
Indiana Professionals Recovery Program

12:15 p.m. to 2:00 p.m.

Lunch

Welcome and College Update – Eric Barker, PhD, Dean

Presentation of 2024 Pharmacy Women’s Leadership Award

Pharmacy student organizations to sell items

Networking with fellow alumni

2:00 p.m. to 3:30 p.m.

Balancing Hormones in Women: An Overview

UAN: 0019-0000-24-009-L01-P
1.5 Contact Hours

Hormonal imbalances in women can develop because of a variety of reasons. Women often experience hormonal imbalance at predictable and naturally occurring stages in their lives (e.g., menstruation, puberty, pregnancy, and menopause). However, medical conditions, lifestyle habits, environmental conditions, and endocrine system malfunctions can also cause hormonal imbalances. With no single comprehensive hormone test available, diagnosis relies on a combination of assessments. Treatment for hormonal imbalances is determined by the specific cause and individualized to each woman.

Speaker:

Connie Chalko, RPh
Certified Menopause Clinician
HomeTown Pharmacy
Has no relevant financial relationships to disclose.

Educational Objectives:

1. Review the different types of hormones in women and the endocrine system.
2. Describe causes and symptoms of hormonal imbalances in women.
3. Discuss the diagnosis of and treatment for hormonal imbalances including bioidentical therapy.

3:30 p.m. to 3:45 p.m.

Wrap-Up

Jane Krause, RPh, MS
Clinical Associate Professor of Pharmacy Practice
Purdue University College of Pharmacy

Community Service Project for Pharmacy Women for Purdue Attendees

Service Project Partner – It's My Closet, Lafayette, Indiana

In December 2005, Jefferson High School [Lafayette School Corporation (LSC)] opened a store called *It's My Closet* to help meet some of the challenges of children/youth living in poverty in the local community. Currently, 68% of LSC students qualify for free or reduced lunches. The philosophy behind *It's My Closet* is to help nurture the promise of the future for children/youth in need.

It's My Closet, specializing in household items, is open for LSC students and their families, children in need with their Court Appointed Special Advocates (CASA), children from Cary Home, women and their children from the YWCA Domestic Violence shelter, and families who have lost their homes due to fires or floods. All items are given to shoppers at no cost. The store is located in two portable classrooms (donated by LSC) and all workers are volunteers.

It's My Closet is in need of the following items:

- toilet paper (4 pack)
- new socks (including no-show socks) for children
- boxes of facial tissues
- stick deodorant
- shampoo (any size)
- bars of soap
- individually wrapped toothbrushes
- toothpaste
- dental floss and floss picks
- sunscreen
- tampons and feminine pads
- bath-size towels
- washcloths

It's My Closet would appreciate donations of these items as well as monetary gifts.

Thank you for your consideration.



Pharmacist Accreditation Statement - Purdue University College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This is a knowledge based, continuing education activity of Purdue University, an equal access/equal opportunity institution. **Universal Activity Number (UAN) and credits are located directly below title of each CE presentation above.**

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All relevant conflicts of interest have been mitigated prior to the start of the activity.

None of the planners, reviewers, and Purdue University College of Pharmacy staff have relevant financial relationship(s) with ineligible companies to disclose unless listed below.

There is no charge for these CE presentations. The registration fee is used to offset conference expenses only. The statement of credit will be uploaded directly to CPE Monitor on your behalf upon the receipt of a fully completed evaluation and request for credit forms.

Recent Advances in the Pharmacologic Management of Obesity

https://purdue.ca1.qualtrics.com/jfe/form/SV_b1y569EK2mjoPKS



Balancing Hormones in Women: An Overview

https://purdue.ca1.qualtrics.com/jfe/form/SV_2gHNHOUKqzrApds

